



BOOMERITIS

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DISCLOSURE

↳ NO PROFESSIONAL
RELATIONSHIPS TO DISCLOSE



GENERATIONS

↳ GREATEST GENERATION

↳ BABY BOOMER 1944-1960

↳ GENERATION X 1961-1980

↳ GENERATION ME 1980-NOW



LIFE EXPECTANCY

♃ WOMAN-84 YEARS

♃ MEN-79 YEARS

♃ WHO SAID THESE ARE THE
"GOLDEN YEARS"




BABY BOOMERS

↳ TELEVISION AND ALL HOME
APPLIANCE ADVANCEMENTS

↳ SUBURBIA

↳ ROCK AND ROLL

↳ DRUG CULTURE
EXPERIMENTATION



DO YOU HAVE A DISEASE?

↳ CHOLECYSTITIS

↳ APPENDICITIS

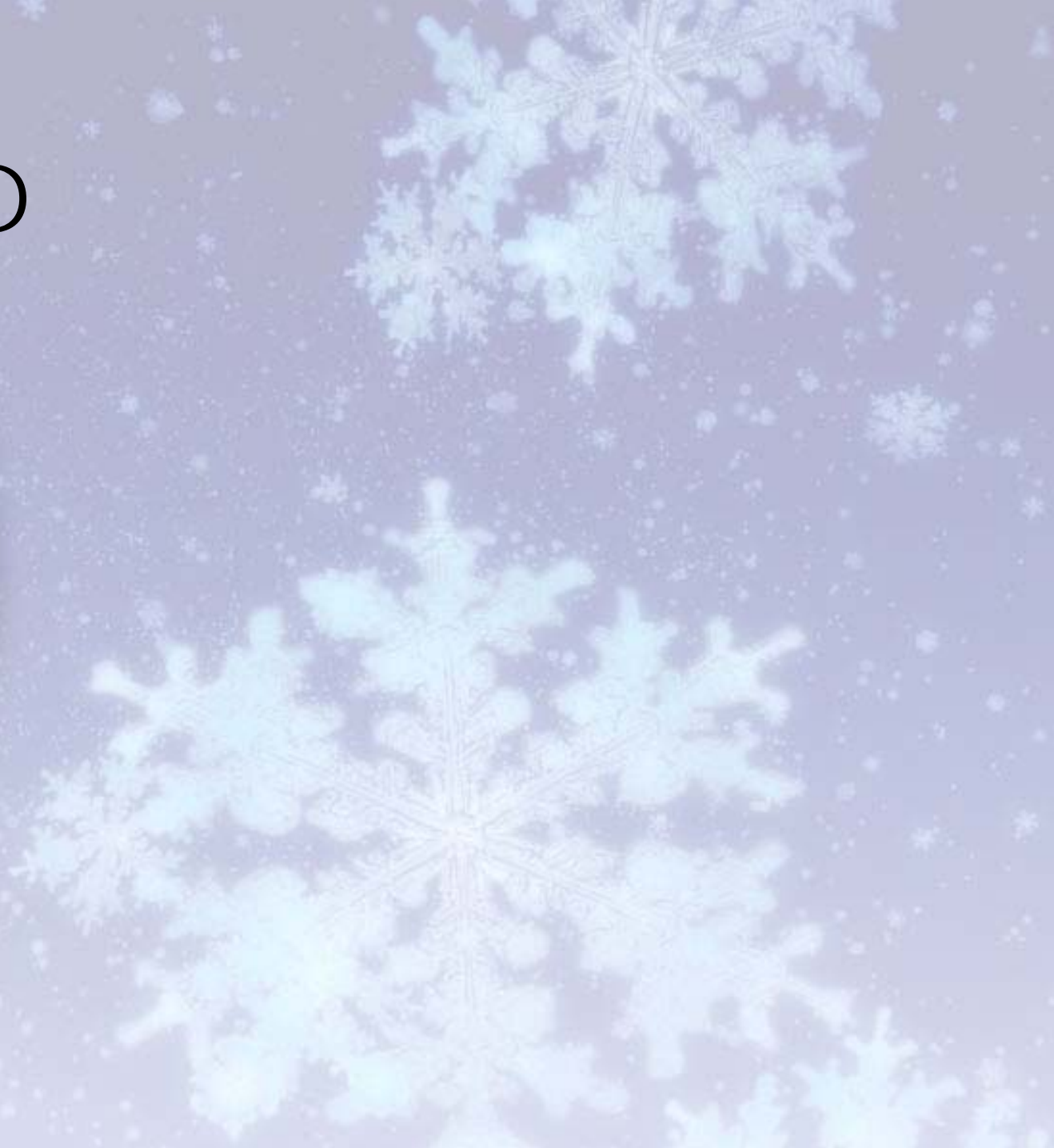
↳ THYROIDITIS

↳ DISCITIS

↳ PROSTATITIS

↳ BOOMERITIS

NO





YOU HAVE AN
ADDICTION!

↳ AS A TREATING PHYSICIAN
AND ORTHOPEDIC SURGEON
THIS IS DEFINITELY

WORSE



HIP ADVANCEMENTS



HIP ARTHROSCOPY

↳ FEMORAL ACETABULAR
IMPINGEMENT (FAI)

↳ BALL AND SOCKET PROBLEM
WHERE THE LIP OF THE
SOCKET HITS THE NECK OF
THE BALL AT THE LIMITS OF
MOTION



HIP ARTHROSCOPY

↳ SPECIAL MRI AND XRAY VIEWS

↳ TRACTION TABLE TO OPEN THE JOINT FOR INSTRUMENTS

↳ TRIM DOWN THE LIP OF THE SOCKET OR THE NECK OF THE BALL



HIP ARTHROSCOPY

↳ WILL NOT HELP A
SIGNIFICANTLY ARTHRITIC
JOINT



HIP REPLACEMENT

- ↳ LOTS OF NEW ADVANCEMENTS
- ↳ BEARING SURFACES BETTER AND FAILURE RATES CONTINUE TO DECLINE.
- ↳ IF YOU BREAK YOUR HIP YOU NOW WANT THE TYPE OF FRACTURE WHERE YOU NEED A HIP REPLACEMENT



HIP RESURFACING

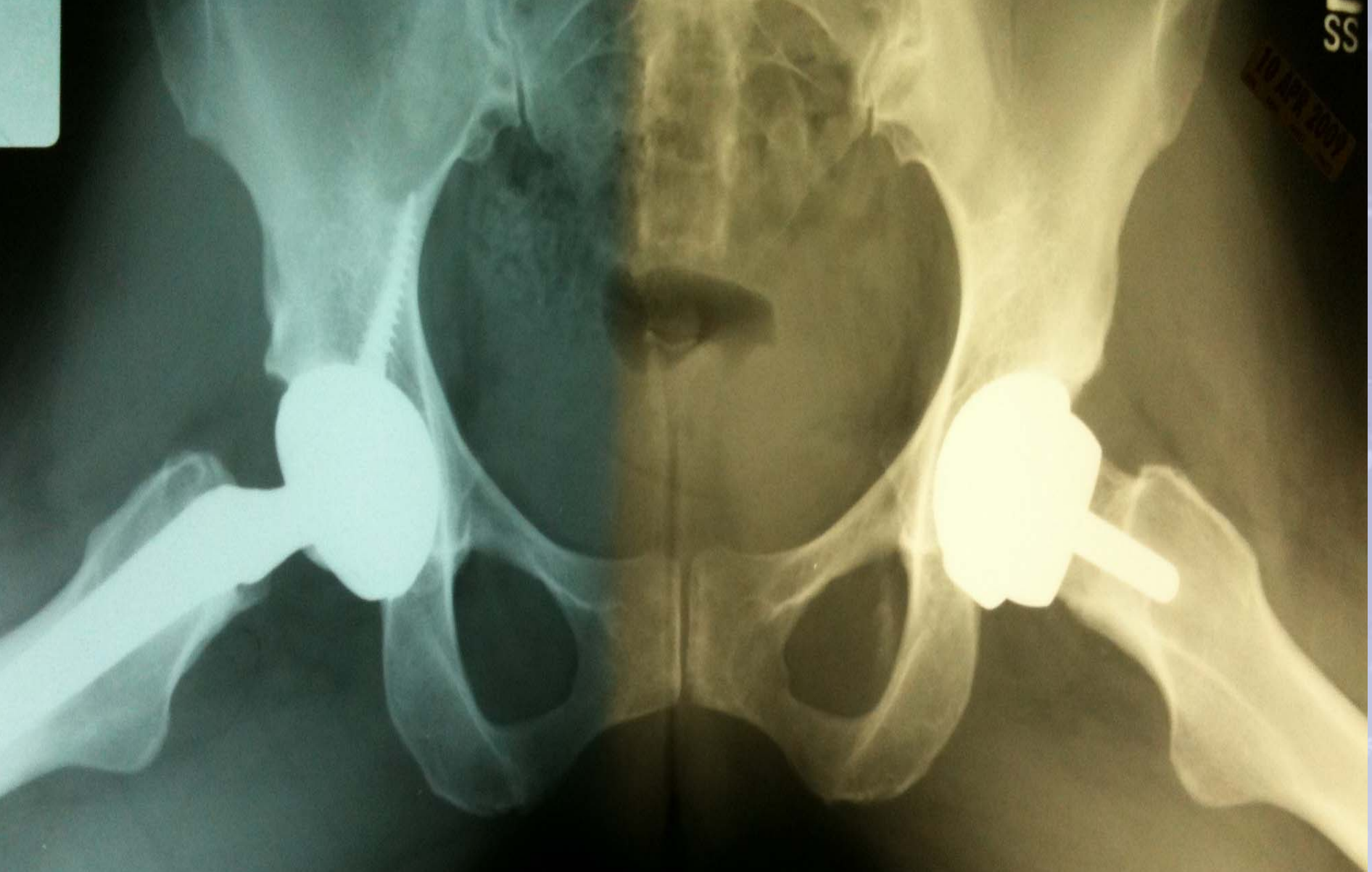
↳ BONE SPARING

↳ METAL ON METAL LOW
FRICTION SURFACE

↳ MORE INVASIVE HOWEVER

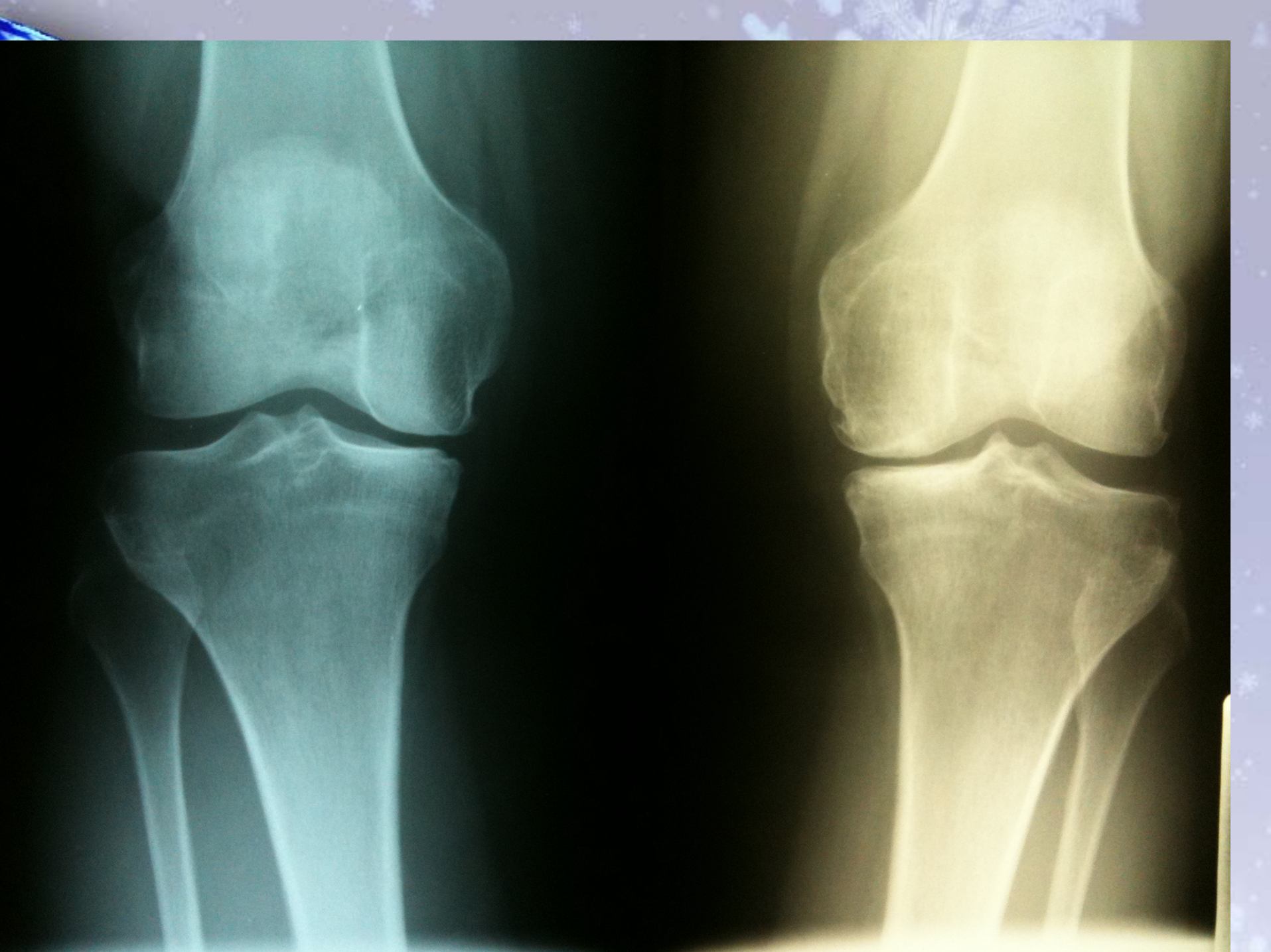
↳ EARLY RISK OF FEMORAL
NECK FRACTURE





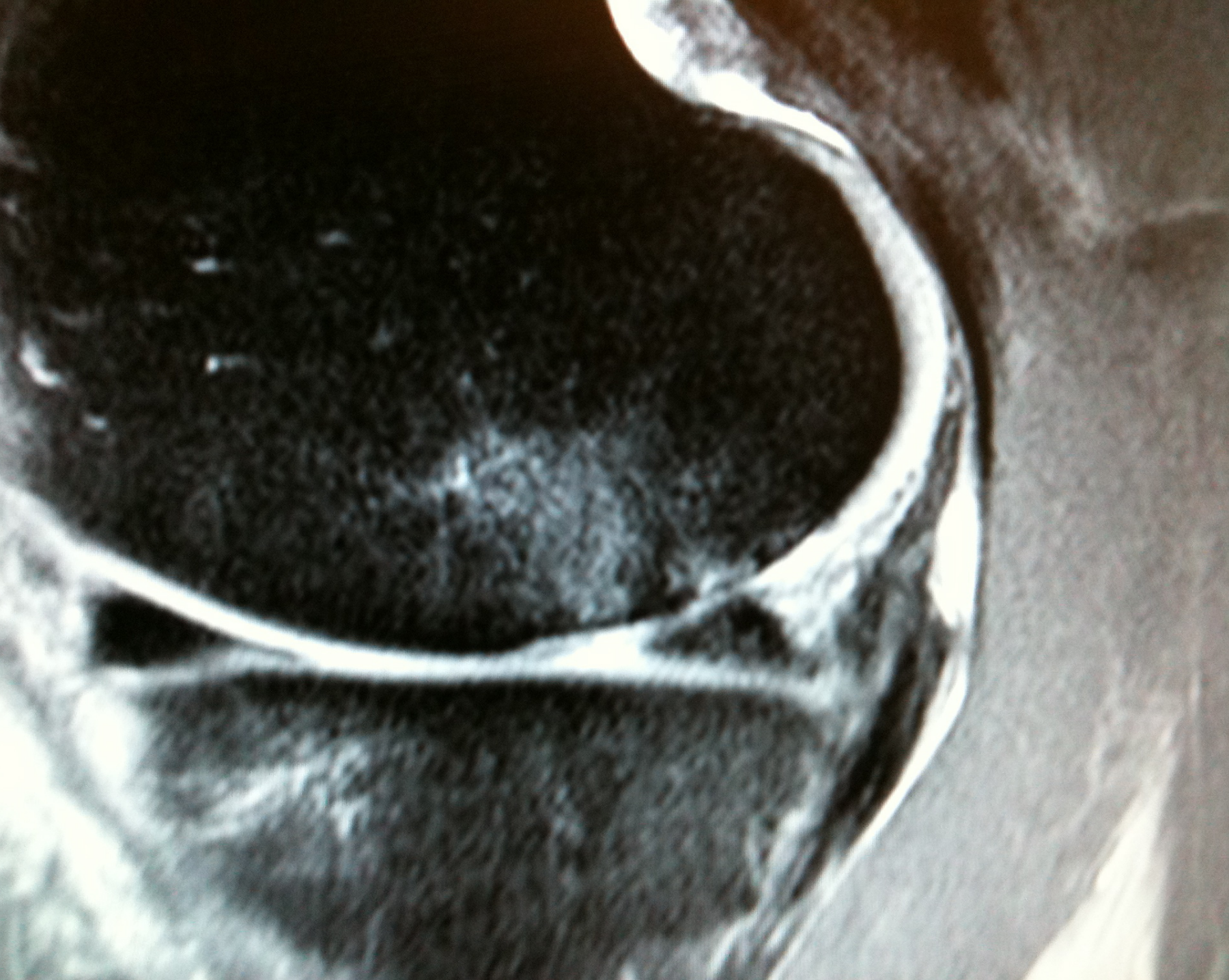
KNEE ADVANCEMENTS

↳ MRI











KNEE ARTHROSCOPY

- ↳ TREAT MENISCUS AND CARTILAGE ISSUES
- ↳ ACL RECONSTRUCTIONS
- ↳ ALLOGRAFT (CADAVER GRAFT TISSUE) ALLOWS EASIER AND SOMETIMES QUICKER RECOVERY



KNEE

UNICOMPARTMENTAL REPLACENT

- ↳ ADDRESSES ISOLATED COMPARTMENT PROBLEMS IN THE KNEE(3 COMPARTMENTS)
- ↳ MUCH LESS INVASIVE AND KNEE FEELS MUCH MORE LIKE "YOUR" KNEE
- ↳ MODERATELY STRICT CRITERIA FOR ELIGIBILITY OTHERWISE FAILURE RATES ARE HIGHER





PEDS

↳ PERFORMANCE ENHANCING
DRUGS

↳ ARE THEY FOR YOU?



PEDS

FIRST OF ALL THERE IS NO
ORTHOPEDIC EQUIVALENT TO

VIAGRA



PEDS-CORTISONE

↳ INJECTED STEROID THAT
DECREASES INFLAMATION

↳ TENDINITIS AND
BURSITIS (BOOMERITIS)

↳ ARTHRITIS (BOOMERITIS)



PEDS

∞ HYALURONIC ACID INJECTIONS

∞ FOR MILD ARTHRITIS CHANGES

∞ ABOUT \$300 A SHOT (3 SHOT
SERIES)

∞ ADJUSTS YOUR KNEE

LUBRICATING FLUID BACK

TOWARDS NORMAL VISCOSITY



PEDS

- ↳ PLATLET RICH PLASMA
- ↳ ABOUT \$1000 A SHOT
- ↳ FOR CHRONIC INFLAMMATION PROBLEMS WITH TENDONS
- ↳ NOW BEING USED BY COSMETIC DOCTORS FOR FILLERS



PEDS-PROLOTHERAPY

↳ SUGAR WATER INJECTIONS
INTO AND AROUND TENDONS
AND JOINTS

↳ PROMOTES SCAR HEALING IN
REGION



PEDS- HUMAN GROWTH HORMONE

↳ MAY INCREASE MUSCLE AND DECREASE FAT

↳ VERY CONTROVERSIAL

↳ VERY EXPENSIVE

↳ HEDGE WORD-MAY



PEDS-TESTOSTERONE

- ↳ TREAT MALE ANDROPAUSE
- ↳ MEDICAL MANAGEMENT OF TESTOSTERONE LEVELS
- ↳ VERY CONTROVERSIAL
- ↳ BENEFITS-FEEL LIKE A KID AGAIN AND MY AID IN HEALING INJURY

