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| 6:30 AM – 5:15 PM | Registration /Ortho Expo | Foyer/Salon 9 |
| 6:30 AM | Continental Breakfast | Salon 9 |
| 7:00 AM | Interactive Clinical Forum - New and Novel Approaches to Osteoarthritis of the Knee | Flexion |
| 7:30 AM | Welcome/Daily Announcements | Basil Besh, M.D., President Russell Nord, M.D., Program Chair |
| 7:35 AM | Business Meeting - Open Mic with COA Leaders | Basil Besh, M.D. President |
| | What's New in Joint Replacement? | Moderator: Alexander Sah, M.D. |
| 8:05 AM | Pain and Blood Loss Management after Total Hip and Knee Arthroplasty - The "Secret Sauce" for Rapid Recovery Total Joints | Charles DeCook, M.D., Arthritis & Total Joint Specialist, Atlanta |
| 8:20 AM | Debate - Posterior THA is Tried and True, Anterior is a Marketing Tool | Benjamin Bengs, M.D., UCLA |
| 8:30 AM | Debate - Anterior THA is Legitimately Advantageous and is Superior | Charles DeCook, M.D. |
| 8:40 AM | Rapid Fire: Indications, Limitations, and Tricks for Arthroplasty in the Younger Patient | All Faculty |
| 8:50 AM | Avoiding and Managing Complications After Hip and Knee Arthroplasty | Benjamin Bengs, M.D. Alexander Sah, M.D. |
| 9:05 AM | Rapid Fire: Dental Prophylaxis, DVT, TXA, Nerve Block, Foley Catheter, Closure, Dressing, Staples/Pain/Post-Op Physical Therapy/Post-Op Instructions/Sports After Arthroplasty | All Faculty |
| 9:20 AM | Expert Panel Discussion / Break | |
| | What's New in Trauma? | Moderator: Michael Gardner, M.D. |
| 9:30 AM | How to ex-Fx/ Do Fasciotomies | Saam Morshed, M.D. |
| 9:45 AM | The Unstable Syndesmosis: How I Diagnose, Reduce and Stabilize | Michael Gardner, M.D. |
| 9:55 AM | Suprapatellar vs. Standard Nailing of Tibial Shaft Fractures What Should You Do On-Call and How Do You Do It? | Julius Bishop, M.D. |
| 10:10 AM | Should I Do a Cemented or a Press Fit Hemi/Total for Femoral Neck Fracture? If so, when? | Paul Toogood, M.D. |
| 10:25 AM | Expert Panel Discussion / Break | |
| 10:35 AM | Coffee Break /Ortho Expo | Salon 9 |
| | What's New in Foot and Ankle? | Moderator: Glenn Pfeffer, M.D. |
| 10:50 AM | Acute Achilles Tendon Ruptures Operation vs. Non-operation Data and Rehab Data and Methodology Easy Tricks if More Chronic | |
| 11:05 AM | Achilles Heel When to Do Op vs. Non Op How Quickly To Get To The OR Rehab for Op and Non Op | |
| 11:20 AM | Ankle Fractures - When Do You Need More Than a 1/3 Tubular Plate and 4-0 Cannulated Screws? | |
| 11:35 AM | Expert Panel Discussion | |
| 11:45 AM | Lunch | |
| | What's New in Tumors? | |
| 12:45 PM | Appropriate Work-Up of Commonly Found Lesions How to Decide When to Refer to an Orthopaedic Oncologist Avoiding Unplanned Resection of Sarcoma/Disease Spread | Jeffrey Krygier, M.D. |
| 1:00 PM | Q&A | |
| | What's New in Spine? | Moderator: Ray Oshtory, M.D. |
| 1:05 PM | Management of the Lumbar Spine | |
| 1:15 PM | Management of the Cervical Spine | |
| 1:25 PM | Rapid Fire: What's New in Non-Operative Spine Treatments? | All Faculty |
| 1:35 PM | Expert Panel Discussion /Break | |
| | Radiation Safety - Fluoroscopy | |
| 1:40 PM | Mini Fluoro is Lower Radiation No Need for Lead Protection, Right? Wrong! Ways to Minimize Radiation Exposure | Isabel Newton, M.D., PhD , UC San Diego |
| 2:30 PM | Q&A | |
| 2:40 AM | Coffee Break /Ortho Expo | Salon 9 |

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| Fractures of the Hand and Wrist? Current State of the Art and Technical Pearls | | |
| 3:10 PM | Distal Radius Fractures: The Volar Plate is NOT the Panacea | Moderator: Jeffrey Yao, M.D. |
| 3:20 PM | Scaphoid Fractures: Tips and Tricks | Raymond Raven, M.D. |
| 3:30 PM | Hand Fractures: Keeping it Easy with Tips and Tricks | Jeffrey Yao, M.D. |
| 3:40 PM | Expert Panel Discussion / Q&A | Neil Harness, M.D. |
| Resident Awards | | |
| 3:45 PM | Orthopaedic Institute for Children Resident Award | |
| 3:51 PM | J. Harold LaBriola, M.D. Resident Award | |
| 3:57 PM | Lloyd W. Taylor, M.D. Resident Award | |
| 4:03 PM | OREF Presentation | |
| 4:09 PM | OREF Resident Award | |
| Hip Arthroscopy | | |
| 4:15 PM | Hips: It's not all Arthritis, Bursitis or Tendinitis Anymore | Moderators: Marc Safran, M.D. Dean Matsuda, M.D. |
| 4:30 PM | When to Refer for Hip Arthroscopy | Dean Matsuda, M.D. |
| 4:45 PM | Hip Arthroscopy - Should I Add to My Practice | Marc Safran, M.D. |
| 5:00 PM | Expert Panel Discussion / Q&A | |
| 5:10 PM | Closing Remarks | Russell Nord, M.D. Program Chair |
| 5:15 PM | Adjournment | |
| San Francisco Dining Adventure | | Various Restaurants |
| Dining on your own - See our Restaurant List for recommendations | | |

Day 2

Sunday, June 3

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|---------------------------------------|---|--|
| 7:00-11:30 am | Registration /Ortho Expo | Foyer/Salon 9 |
| 7:00 AM | Continental Breakfast | Salon 9 |
| 7:30 AM | Interactive Clinical Forum | |
| 7:55 AM | Welcome/Daily Announcements | Basil Besh, M.D., President Russell Nord, M.D., Program Chair |
| Pediatric Orthopaedics | | |
| 8:00 AM | Pediatric Trauma - Getting Through the Night - Tips and Tricks | Moderator: Mohammad Diab, M.D. Kevin Shea, M.D. Steven Frick, M.D. |
| 8:45 AM | When is This Genu Valgum/Varum a Problem? What Can be Done? Expert Panel Discussion / Q&A | |
| What's New In Sports Medicine? | | |
| 9:00 AM | Modern Meniscal Repair Techniques | Moderator: Russell Nord, M.D. Nicholas Colyvas, M.D. |
| 9:15 AM | Bone Marrow Lesions - What's Up With That? | Zackary Vaughn, M.D. |
| 9:30 AM | Predictors of Arthritic Progression After ACL Injury Partial Medial or Lateral Meniscectomy Does ACL Reconstruction or Meniscal Transplant or Implant Prevent This Progression? How to Minimize Long-Term Risk of Arthritis" | Jason Dragoo, M.D. |
| 9:50 AM | 2018 ACL Update - Pearls and Tips | Benjamin Ma, M.D. |
| 10:10 AM | Rapid Fire: ACL Graft Choices and Meniscal Repair Techniques | All Faculty |
| 10:20 AM | Rotator Cuff - 2018 Update | John Costouros, M.D. |
| 10:30 AM | Rapid Fire: Rotator Cuff Tears - What's The Data? How Best to Repair? | All Faculty |
| 10:40 AM | Rapid Fire: Rotator Cuff Repair Constructs for 1cm SS Tear and 2.5cm Tear | All Faculty |
| 10:50 AM | Rapid Fire: When To Treat The Long Head Proximal Biceps Tendon & How Do You Do It? | All Faculty |
| 11:00 AM | Rapid Fire: AC Joint Injuries - Treat Acutely or Not and How Acute vs. Chronic Indications/Outcomes | All Faculty |
| 11:15 AM | Expert Panel Discussion | |
| 11:25 AM | Closing Remarks | Russell Nord, M.D. |
| 11:30 AM | Adjournment | |