



COA

California Orthopaedic Association

Annual Meeting & QME Course

2018

May 31 -
June 3

San Francisco
Marriott Marquis



CBones Annual Meeting

Thursday May 31



Special Forum for Young Orthopaedic
Surgeons and Residents/Fellows:

Fundamentals of a Successful Orthopaedic Practice

Saturday, June 2

A MUST ATTEND FORUM!

Why YOU Should Attend?



Basil Besh, M.D.
COA President

COA knows how precious your time is, which is why we have designed a tightly packed Annual Meeting/QME Course to give you **strategies** and **lessons** that you can apply to your practice immediately to be more **successful** in today's healthcare.

Orthopaedic Surgeons

- Take home practical and actionable information on how to **negotiate bundled payments** - commercial and government bundles - for all orthopaedic practices
- Learn how **the role of ASCs is changing** - how that affects which patients you take to an ASC
- Learn about **Recovery Care Centers** and how they are important to supplement ASC stays
- Hear from great presidential speakers - one on how technology will change orthopaedic practice and the other on Congressional action affecting medical practice
- Learn from national and state experts the latest in clinical advances in Joint Replacement, Trauma, Sports Medicine, Foot and Ankle, Tumors, Spine, Hand and Wrist, Hip, Pediatrics, and Radiation Safety for Fluoroscopy

- Understand why some 400 QMEs have been removed from the Panel QME System
- Learn about apportioning to genetic disease and why it's important to consider
- Network with colleagues in similar practice types to share best practices
- Breakfast and luncheon educational sessions will enhance the information presented during the meeting

Young Orthopaedic Surgeons/Residents/Fellows

- Learn from other young orthopaedists who have just entered practice
- Network with orthopaedic surgeons who are leaders in their field
- Learn what you need to know as you consider your practice options
- Learn about contracting, finding a job, and being financially stable
- Understand the basics about Workers' Compensation in California
- Hear from orthopaedic leaders on the latest in clinical orthopaedic procedures, research and techniques

Practice Managers

- Connect with practice managers from similar practices and share best practices
- Margaret Maley of Karen Zupko & Associates will teach you coding and billing tips

Featured Presidential Speakers

Stefano Bini, MD



Stefano Bini, MD received his BA from Stanford University, his MD from Columbia University's College of Physician and Surgeons, and completed Residency training at UCSF. Prior to joining the faculty at UCSF, Dr. Bini worked at Kaiser Permanente as a joint replacement surgeon and held multiple leadership positions. Stefano currently serves as the Chair of the International Committee for the American Association of Hip and

Knee Surgeons and sits on the Biomedical Engineering Committee for the AAOS. Dr. Bini also has extensive experience in revision and complex total joint replacement. His primary research areas are the application of technology to health care delivery systems (digital medicine), improving surgical techniques in knee replacement surgery, and cartilage repair.

Eric Swalwell, 15th Congressional District



Congressman Eric Swalwell proudly represents California's 15th Congressional District, which includes a large portion of the East Bay. In 2015, he was sworn in for his second term in the U.S. House of Representatives, continuing his work to bring new energy, ideas, and a problem-solving spirit to Congress and advance policies that will support equality, opportunity, and security. Congressman Swalwell serves on the House Permanent Select Committee on Intelligence, where he is the top Democrat on the Subcommittee on the CIA, and the Committee on Science, Space, and Technology. He received his bachelors and law degrees from University of Maryland. He then returned to the East Bay to serve as a prosecutor in the Alameda County District Attorney's Office for seven years.



Russell Nord, M.D.
Program Chair

CME Accreditation

Accreditation Statement:

The California Orthopaedic Association is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

The California Orthopaedic Association designates this live activity for a maximum of **18 AMA PRA Category 1 Credit(s)[™]**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The California Orthopaedic Association takes responsibility for the content, quality, and scientific integrity of this CME activity.

10 of these credits also qualify for CME in radiology. **4 of the 10 credits** qualify for fluoroscopy technology required by California state law and the Radiologic Health Branch.

Category I CME and ABOS MOC Credits:

11 credits of the Category 1 CME credits will qualify for ABOS MOC scored and recorded Self Assessment Examination credits. You must take a pre and post test to receive the credits.

QME CME Credits:

The QME Course is accredited for **6 hours of Qualified Medical Evaluator (QME) CME credit hours**. COA is provider #100.



Target Audience

This program has been designed for the general orthopaedic surgeon to instruct them in the latest research and technologies in: Joint Replacement, Trauma, Foot and Ankle, Tumors, Spine, Hand and Wrist, Hip, Pediatrics, and Sports Medicine and Radiation Safety. The QME course will update physicians on the latest Workers' Compensation disability evaluation issues for both QMEs/AMEs and treating physicians.

Orthopaedic Practice Managers/Physician Assistants/Nurse Practitioners are also encouraged to attend.

Educational Objectives

- Be able to implement the new advancements in Joint Replacement, Trauma, Foot and Ankle, Tumors, Spine, Hand and Wrist, Hip, Pediatrics, and Sports Medicine and Radiation Safety.
- Understand the best practice models through interactive networking sessions.
- Understand bundled payment - commercial and government bundles - to provide quality patient care
- Learn how the role of ASCs is changing - how it will affect patient outcomes
- Learn about Recovery Care Centers and how they will affect surgical settings
- Learn how bundled payments will affect patient care
- Federal and State Legislative Update affecting orthopaedic surgeons and their patients.
- Evaluating the effects of apportioning to genetics and how it affects orthopaedic evaluations.
- Understand Workers' Compensation Disability Evaluation Issues and how they affect injured workers.

This activity is in compliance with California AB 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language.

Accreditation

7:00 AM-5:00 PM	Registration /Ortho Expo	Foyer/Salon 9
7:00 AM	Continental Breakfast	Salon 9
7:30 AM	Interactive Clinical Forum	
7:55 AM	Welcome/Daily Announcements	Basil Besh, M.D., President Russell Nord, M.D., Program Chair
	Apportionment	Moderator: Lawrence Feiwell, MD
8:00 AM	Thoracic Outlet Syndrome Fibromyalgia	
8:45 AM	Expert Panel Discussion / Q&A	
	Apportioning to Genetic Disease	
9:10 AM	Why Orthopaedic Surgeons Need to be Thinking About This –Legislation Pending in Sacramento	Gideon Baum, M.D., Consultant Senate Labor & Industrial Relations Committee
	Genetics May be a Factor- What Does the Literature Say? How to Determine the Percentage of Impairment	Jeffrey Coe, M.D.
	Can We See Low Back Pain? Do Pathologic Changes on Imaging Studies Make Spines More Vulnerable to Injury?	Eugene Carragee, M.D., Stanford *
9:50 AM	Expert Panel Discussion / Q&A	
10:00 AM	How to Apportion Bi-Lateral Injuries - Kite Case Legal Update	Sean Morrisroe, Esq. Bradford & Barthel, LLP
10:30 AM	Q&A	
10:40 AM	Coffee Break / Ortho Expo	Salon 9
11:10 AM	Epidemiology of Cumulative Trauma	
11:30 AM	Q&A	
11:45 AM	Working Lunch	
12:10 PM	Why 400 QMEs Have Been Removed from the QME System	Bill Tappin, Esq., Tappin and Associates
12:30 PM	Q&A	
12:40 PM	How to Write Like an Attorney	Sue Honor-Vangerov, Esq.
	Mechanics of Writing a Medical-Legal Report What Makes a Report Rateable? How to Write a Better Report	
1:10 PM	Q&A	
1:25 PM	Challenging QME/AME Reports	
	Defense Strategies Applicant Strategies What to do if your Report is Thrown Out?	
1:45 PM	Expert Panel Discussion / Q&A	
2:00 PM	Pain Management Treatment Options	Stephen Feinberg, M.D. Feinberg Medical Group
	Subscribing Opioids – How Long and How Many Pills? Alternative Treatment Modalities to Opioids How Can the CURES Database Help?	
2:30 PM	Q&A	
2:45 PM	Coffee Break / Ortho Expo	Salon 9
3:15 PM	DWC 2018 Priorities	George Parisotto, Esq., AD * Division of Workers' Compensation
3:35 PM	Q&A	
3:50 PM	A Walk Through an Efficient Medical-Legal Office	
	Intake Form Review and Organizing Medical Records Evaluation of Patient Writing the Report	
4:05 PM	Q&A	
4:15 PM	What's Changing in Workers' Compensation in 2018 Affecting Orthopaedic Practices?	Sue Honor-Vangerov, Esq.
4:45 PM	Q&A	
5:00 PM	Adjournment	
5:30 PM	Exhibitor Educational Sessions	

7:00 AM-5:00 PM	Registration /Ortho Expo	Foyer/Salon 9
7:00 AM	Continental Breakfast	Salon 9
7:30 AM	Interactive Clinical Forum	
7:55 AM	Welcome/Daily Announcements	Basil Besh, M.D., President Russell Nord, M.D., Program Chair
	Ambulatory Surgical Centers (ASCs) at a Tipping Point: The New Reality of Surgical Services for Health Systems	Moderator: Basil Besh, M.D.
8:00 AM	Moving Total Joint Replacements to an ASC Setting	Alexander Sah, M.D.
8:20 AM	Pain Management/Recovery Care Centers - Second Day Stay	John Steinmann, DO , Arrowhead Orthopaedics
8:40 AM	Financial Insights - ASC Joint Venturing	Henry Bloom, United Surgical Partners Intl. (USPI)
9:00 AM	Expert Panel Discussion / Q&A	
	Bundled Payments of the Future: Updates on Bundled Payments	Moderator: Nicholas Colyvas, M.D.
9:20 AM	How Our Groups Have Made Bundled Payments Work CJR and Commercial Bundles BPCI Bundles	James (Jamie) Caillouette, M.D., Newport Orthopedic Institute William Robb, M.D., NorthShore University Health
9:50 AM	Partnering for Bundled Payment Success "Physician-Controlled" Bundles are the Key	
	Options for Physicians	Tom Gallagher, Episode Solutions Scott Leggett, Global One
10:20 AM	Expert Panel Discussion / Q&A	
10:40 AM	Coffee Break / Ortho Expo	Salon 9
	Workload Reduction Strategies for Surgeons	Moderator: Nicholas Colyvas, M.D.
11:10 AM	Comparative Differences with EMR - What's Best for Ortho? "Yelp" Review of EMR Systems - What COA Members Have to Say Challenges with Changing EMR Systems	Nic Gay, M.D.
11:30 AM	Technology Solutions: Virtual Scribes (Google Glass / Org Medics)	Nicholas Colyvas, M.D.
11:50 AM	Post-Surgical Patient Follow-up: Digital Strategies for Patient Engagement	Todd Johnson, CEO, HealthLoops
12:10 PM	Expert Panel Discussion / Q&A	
12:30 PM	Working Lunch - Networking Sessions	Moderators: Nicholas Colyvas, M.D. Robert O'Hollaren, M.D. Russell Nord, M.D.
	Solo/Small Practice Large Group Practices Employed Physicians	
	ABOS MOC 2.0	Moderator: Basil Besh, M.D.
2:00 PM	What Changes are Coming to the ABOS MOC Process What's the Longitudinal Pathway for Fellows Recertifying	David Martin, M.D. Executive Medical Director, ABOS
2:20 PM	Expert Panel Discussion / Q&A	
	Keynote Speakers - The Future Orthopaedic Practice	
2:30 PM	What Will Technology Look Like in Orthopaedic Practice - Artificial Intelligence - Virtual Reality	Stefano Bini, M.D., UC San Francisco
3:00 PM		Congressman Eric Swalwell (D) Castro Valley
3:20 PM	Coffee Break / Ortho Expo	Salon 9
	Legislative Update: State & Federal Issues	Moderator: Basil Besh, M.D.
3:50 PM	Political Climate in Washington DC - What's on The Agenda?	Congressman Kevin McCarthy (R)* Majority Leader
4:05 PM	What's Happening in Washington DC in Orthopaedics?	Graham Newson - Director, AAOS Government Relations *
4:25 PM	What's Happening in Sacramento?	Bryce Docherty, COA Lobbyist
4:45 PM	Expert Panel Discussion / Q&A	
5:00 PM	Adjournment	
6:00 PM - 7:00 PM	Presidential Wine & Cheese Reception Featuring wines from Napa and Sonoma Valley	Exhibit Hall- Prize Drawings

6:30 AM – 5:15 PM	Registration /Ortho Expo	Foyer/Salon 9
6:30 AM	Continental Breakfast	Salon 9
7:00 AM	Interactive Clinical Forum - New and Novel Approaches to Osteoarthritis of the Knee	Flexion
7:30 AM	Welcome/Daily Announcements	Basil Besh, M.D., President Russell Nord, M.D., Program Chair
7:35 AM	Business Meeting - Open Mic with COA Leaders	Basil Besh, M.D. President
What's New in Joint Replacement?		
8:05 AM	Pain and Blood Loss Management after Total Hip and Knee Arthroplasty - The "Secret Sauce" for Rapid Recovery Total Joints	Moderator: Alexander Sah, M.D. Charles DeCook, M.D., Arthritis & Total Joint Specialist, Atlanta
8:20 AM	Debate - Posterior THA is Tried and True, Anterior is a Marketing Tool	Benjamin Bengs, M.D., UCLA
8:30 AM	Debate - Anterior THA is Legitimately Advantageous and is Superior	Charles DeCook, M.D.
8:40 AM	Rapid Fire: Indications, Limitations, and Tricks for Arthroplasty in the Younger Patient	All Faculty
8:50 AM	Avoiding and Managing Complications After Hip and Knee Arthroplasty	Benjamin Bengs, M.D. Alexander Sah, M.D.
9:05 AM	Rapid Fire: Dental Prophylaxis, DVT, TXA, Nerve Block, Foley Catheter, Closure, Dressing, Staples/Pain/Post-Op Physical Therapy/Post-Op Instructions/Sports After Arthroplasty	All Faculty
9:20 AM	Expert Panel Discussion / Break	
What's New in Trauma?		
9:30 AM	How to ex-Fx/ Do Fasciotomies	Moderator: Michael Gardner, M.D. Saam Morshed, M.D.
9:45 AM	The Unstable Syndesmosis: How I Diagnose, Reduce and Stabilize	Michael Gardner, M.D.
9:55 AM	Suprapatellar vs. Standard Nailing of Tibial Shaft Fractures What Should You Do On-Call and How Do You Do It?	Julius Bishop, M.D.
10:10 AM	Should I Do a Cemented or a Press Fit Hemi/Total for Femoral Neck Fracture? If so, when?	Paul Toogood, M.D.
10:25 AM	Expert Panel Discussion / Break	
10:35 AM	Coffee Break /Ortho Expo	Salon 9
What's New in Foot and Ankle?		
10:50 AM	Acute Achilles Tendon Ruptures Operation vs. Non-operation Data and Rehab Data and Methodology Easy Tricks if More Chronic	Moderator: Glenn Pfeffer, M.D.
11:05 AM	Achilles Heel When to Do Op vs. Non Op How Quickly To Get To The OR Rehab for Op and Non Op	
11:20 AM	Ankle Fractures - When Do You Need More Than a 1/3 Tubular Plate and 4-0 Cannulated Screws?	
11:35 AM	Expert Panel Discussion	
11:45 AM	Lunch	
What's New in Tumors?		
12:45 PM	Appropriate Work-Up of Commonly Found Lesions How to Decide When to Refer to an Orthopaedic Oncologist Avoiding Unplanned Resection of Sarcoma/Disease Spread	Jeffrey Krygier, M.D.
1:00 PM	Q&A	
What's New in Spine?		
1:05 PM	Management of the Lumbar Spine	Moderator: Ray Oshtory, M.D.
1:15 PM	Management of the Cervical Spine	
1:25 PM	Rapid Fire: What's New in Non-Operative Spine Treatments?	All Faculty
1:35 PM	Expert Panel Discussion /Break	
Radiation Safety - Fluoroscopy		
1:40 PM	Mini Fluoro is Lower Radiation No Need for Lead Protection, Right? Wrong! Ways to Minimize Radiation Exposure	Isabel Newton, M.D., PhD , UC San Diego
2:30 PM	Q&A	
2:40 AM	Coffee Break /Ortho Expo	Salon 9

Fractures of the Hand and Wrist? Current State of the Art and Technical Pearls		
3:10 PM	Distal Radius Fractures: The Volar Plate is NOT the Panacea	Moderator: Jeffrey Yao, M.D. Raymond Raven, M.D.
3:20 PM	Scaphoid Fractures: Tips and Tricks	Jeffrey Yao, M.D.
3:30 PM	Hand Fractures: Keeping it Easy with Tips and Tricks	Neil Harness, M.D.
3:40 PM	Expert Panel Discussion / Q&A	
Resident Awards		
3:45 PM	Orthopaedic Institute for Children Resident Award	
3:51 PM	J. Harold LaBriola, M.D. Resident Award	
3:57 PM	Lloyd W. Taylor, M.D. Resident Award	
4:03 PM	OREF Presentation	
4:09 PM	OREF Resident Award	
Hip Arthroscopy		
4:15 PM	Hips: It's not all Arthritis, Bursitis or Tendinitis Anymore	Moderators: Marc Safran, M.D. Dean Matsuda, M.D.
4:30 PM	When to Refer for Hip Arthroscopy	Dean Matsuda, M.D.
4:45 PM	Hip Arthroscopy - Should I Add to My Practice	Marc Safran, M.D.
5:00 PM	Expert Panel Discussion / Q&A	
5:10 PM	Closing Remarks	Russell Nord, M.D. Program Chair
5:15 PM	Adjournment	

San Francisco Dining Adventure
Dining on your own - See our Restaurant List for recommendations

Various Restaurants

Day 2

Sunday, June 3

7:00-11:30 am	Registration /Ortho Expo	Foyer/Salon 9
7:00 AM	Continental Breakfast	Salon 9
7:30 AM	Interactive Clinical Forum	
7:55 AM	Welcome/Daily Announcements	Basil Besh, M.D., President Russell Nord, M.D., Program Chair
Pediatric Orthopaedics		
8:00 AM	Pediatric Trauma - Getting Through the Night - Tips and Tricks	Moderator: Mohammad Diab, M.D. Kevin Shea, M.D. Steven Frick, M.D.
8:45 AM	When is This Genu Valgum/Varum a Problem? What Can be Done? Expert Panel Discussion / Q&A	
What's New In Sports Medicine?		
9:00 AM	Modern Meniscal Repair Techniques	Moderator: Russell Nord, M.D. Nicholas Colyvas, M.D.
9:15 AM	Bone Marrow Lesions - What's Up With That?	Zackary Vaughn, M.D.
9:30 AM	Predictors of Arthritic Progression After ACL Injury Partial Medial or Lateral Meniscectomy Does ACL Reconstruction or Meniscal Transplant or Implant Prevent This Progression? How to Minimize Long-Term Risk of Arthritis"	Jason Dragoo, M.D.
9:50 AM	2018 ACL Update - Pearls and Tips	Benjamin Ma, M.D.
10:10 AM	Rapid Fire: ACL Graft Choices and Meniscal Repair Techniques	All Faculty
10:20 AM	Rotator Cuff - 2018 Update	John Costouros, M.D.
10:30 AM	Rapid Fire: Rotator Cuff Tears - What's The Data? How Best to Repair?	All Faculty
10:40 AM	Rapid Fire: Rotator Cuff Repair Constructs for 1cm SS Tear and 2.5cm Tear	All Faculty
10:50 AM	Rapid Fire: When To Treat The Long Head Proximal Biceps Tendon & How Do You Do It?	All Faculty
11:00 AM	Rapid Fire: AC Joint Injuries - Treat Acutely or Not and How Acute vs. Chronic Indications/Outcomes	All Faculty
11:15 AM	Expert Panel Discussion	
11:25 AM	Closing Remarks	Russell Nord, M.D.
11:30 AM	Adjournment	

7:00 AM – 5:00 PM	Registration /Networking with Exhibitors	Foyer/Salon 9
7:00 AM	Continental Breakfast	Salon 9
7:30 AM	Interactive Clinical Forum	
8:00 AM	Welcome/Daily Announcements	Anne McCune, President
8:15 AM	Zupko Orthopedic Coding Workshop	Margaret Maley, BSN, MS
10:00 AM	Coffee Break/Ortho Expo	Salon 9
10:15 AM	Zupko Orthopedic Coding Workshop [continued]	Margaret Maley, BSN, MS
12:00 PM	Working Lunch	
1:30 PM	Networking with Exhibitors/Ortho Expo	Salon 9
1:45 PM	Business Partners-Infomercials	
2:15 PM	CBones Business Meeting & Round Table Networking Topics	
3:00 PM	Coffee Break/Ortho Expo	Salon 9
3:15 PM	A Walk Through an Efficient Medical-Legal Office	
	Intake Form	
	Review and Organizing Medical Records	
	Evaluation of Patient	
	Writing the Report	
3:30 PM	Q&A	
3:40 PM	DWC 2018 Priorities	George Parisotto, AD * Division of Workers' Compensation
4:00 PM	Q&A	
4:15 PM	What's Changing in Workers' Compensation in 2018 Affecting Orthopaedic Practices?	Sue Honor-Vangerov, Esq. Floyd, Skeren & Kelly
4:45 PM	Q&A	
5:00 PM	Adjournment	
5:30 PM - 7:00 PM	CBones Reception	Pacific J Room (4th Floor)

KarenZupko & Associates



Margaret Maley brings over 30 years of orthopaedic experience to her clients working with KarenZupko & Associates as a consultant and speaker for over 20 years. With a B.S.N. from The University of Illinois and Master's degree from Rush University, Ms. Maley began her career in Chicago as a clinical nurse specialist managing several FDA studies. Moving to Houston in 1986, she transitioned to the business side of Orthopaedics. "Front-line" experience managing orthopaedic practices gives her unique insight into the challenges facing orthopaedic surgeons and their staff on a daily basis. She is acutely aware of the importance of correct coding and accurate documentation for proper reimbursement and to minimize the risk of audit. She is recognized by her peers as a skilled communicator and for being able to sort out difficult orthopaedic coding and reimbursement issues. Ms. Maley is an instructor for the national coding and reimbursement workshops sponsored by the American Academy of Orthopaedic Surgeons with extensive experience working with private practices, employed physicians, academic orthopaedic departments, state orthopaedic societies, and as a featured speaker. Ms. Maley's fast paced humorous presentations make her a favorite of surgeons, non-physician providers, administrators and staff.

7:30 AM – 4:30 PM	Registration /Ortho Expo	Foyer/Salon 9
7:55 AM	Welcome	Dori Cage, M.D.
	Finding the Right Practice Setting for You? Pros and Cons of Different Practice Settings	
8:00 AM	Young Orthopaedists Sharing Their Practice Experience Private Practice Physician Perspective	Jaicharan Iyengar, M.D. Private Practice
8:10 AM	Kaiser Physician Perspective	Elspeth Kinnucan, M.D. Kaiser *
8:20 AM	Employed Physician Perspective	Bradley Graw, M.D. PAMF
8:30 AM	Academic Physician Perspective	Alexander Theologis, M.D. UCSF*
8:40 AM	Expert Panel Discussion / Q&A	
9:00 AM	Contracting Basics	Douglas S. Free, Kessenick, Gamma & Free, LLP
	5 Key Provisions to Look for in a Contract 5 Key Provisions to Stay Away From in a Contract Q&A	
10:00 AM	Coffee Break /Ortho Expo	Salon 9
10:30 AM	Strategy for Paying Your Student Loans	Jason DiLorenzo, Doctors Without Quarters
	Q&A	
11:00 AM	Impacts to your Wealth	Anthony Williams ChFC, RFC, CLU, Mosaic Financial Associates
	Orthopaedic Success Manual Q&A	
12:00 PM	Working Lunch / Networking	
	COA Members Networking with Residents The Importance of Getting Involved Q&A	Basil Besh, M.D. COA President Bryce Docherty, COA Lobbyist
1:00 PM	Workers' Compensation 101	Dori Cage, M.D.
	Understanding the California System Q&A	
1:25 PM	Q&A	
1:30 PM	Orthopaedic Coding and Billing 101	Scott Broderick, M.D. *
1:55 PM	Q&A	
2:00 PM	Using Technology to Leverage Your Career	Orrin Franko, M.D.
	Marketing and Reviews Building Your Practice Online Reputation Management Q&A	
2:30 PM	Q&A	
2:45 PM	Coffee Break /Ortho Expo	Salon 9
3:15 PM	Intellectual Property - From an Idea to a Start Up	IP Attorney
3:35 PM	Q&A	
3:45 PM	ABOS Board Preparation - From PGY4 to Board Certification	Lindsey Urband, M.D. *
	Overview of Part I & II—Tips for Passing Studying Tips: - OKU Flashcards /Checklist/ Review Courses High Yield Topics Q&A	
4:20 PM	Q&A	
4:30 PM	Adjournment	

Conference Hotel

San Francisco Marriott Marquis

780 Mission St, San Francisco, CA 94103

COA Group Rate – \$259 single/double

To make a reservation at the group rate, contact the hotel by calling **877-622-3056** and mention that you are attending the COA Annual Meeting.

You can also go to annualmeeting.coa.org to make your hotel reservation online.

City Parking Garage - Fifth & Mission / Yerba Buena Garage - **\$34 per day**

Travel Information

*Leave your car at home and use alternate transportation.
It's Easy and Convenient!*



Airports closest to the hotel:

San Francisco International Airport (SFO) - 14 miles

Oakland International Airport (OAK) - 20 miles

Using Bart

From SF - Hop on the BART train going towards Pittsburg/Baypoint, signified by the yellow line on the BART map. Exit in the **Powell Station** which is only 1 block from the hotel.



From Oakland - Board a train for the eight-minute ride from Oakland to the BART Coliseum station, where you can transfer to the BART train bound **Powell Station** which is only 1 block from the hotel.

Visit <http://www.bart.gov/> for more information.

Using Uber or Lyft



Other transportation options in the city are Uber and Lyft. All you have to do is download the app then order your ride. They will pick you up from the airport, hotel - basically everywhere.



Using Taxis

SFO/OAK are served by a number of taxi and limousine companies.

Weather in May/June

Day time average temperature: 67° F

Evening average temperature: 53 F

AMAZING THINGS HAPPEN HERE!

*Great Dining...
Great Museums ...
Great Fun for the Entire Family...*

Check out newly remodeled **ExplOatorium** now on Pier 15. The Exploratorium isn't just a museum, it's much more! It's a fun and interactive science experience that sparks your curiosity at any age.

www.exploratorium.edu

Visit newly remodeled **San Francisco Museum of Modern Art (SFMOMA)** Only 1.5 blocks from

the Marriott Marquis, the SFMOMA is full of unique exhibits and plenty of surprises along the way. Even if you been before, there are new things to discover.

Even the bathrooms are works of art!

www.sfmoma.org

Explore unique and local tastes of San Francisco by visiting the **SF Ferry Building!** Here you will find Far West Fungi

(specialty mushrooms), Cowgirl Creamery (wonderful cheeses) Humphrey Slocombe Ice Cream (exotic flavors) and Recchiuti Chocolates, along with other shops and restaurants.

Don't miss the Saturday Farmer's Market.

www.ferrybuildingmarketplace.com

Are you a sports fan? You can root for the Giants or their opponent and enjoy an exciting baseball game at

AT&T Park just minutes from the hotel offering great views of the Bay.

www.mlb.com/giants

Take the family to watch a movie on IMAX, just across the street from the hotel. **Metreon 16** movie theatre is equipped with luxurious power recliner seats and Dolby Cinema with state of the art screens and audio.

IMAX delivers an incredibly immersive movie-going experience.

www.amctheatres.com



SAN FRANCISCO

Friday, June 1

Spouse Lunch

Explore New Flavors -

Cooking with Mushrooms and Specialty Cheeses

1:00 pm - 3:00 pm

Marriott Marquis - SOMA Room

\$60 pp Lunch is Included

MUST register to attend.

Marriott's Executive Chef will explore the use of mushrooms in your dishes. Lunch will include Far West Fungi organic mushrooms and Cowgirl Creamery Cheeses.

Attend for a unique luncheon experience.

Presidential Wine and Cheese Reception

6:00 pm - 7:00 pm - Salon 9

Complimentary - (2 Tickets included in your registration)

Additional tickets may be purchased.

Flavors of The Bay

Enjoy a wine and cheese reception with wines from local Napa and Sonoma Valley, explore unique cheeses from Cowgirl Creamery and sourdough breads from Boudin SF.

Saturday, June 2

Spouse Welcome Breakfast

8:30 am - 10:30 am

Marriott Marquis - SOMA Room

Complimentary

Breakfast is Included - *MUST register to attend.*

Cosmetic presentation by Beautycounter.

Enjoy time with fellow spouses and start your day with a healthy breakfast and being pampered by make-up specialists. **Beautycounter** has a *NeverList* of 1,500 harmful chemicals that are never used in their cosmetics and skin care products. Join us to learn about their products and treat yourself!

COA Social Activities

San Francisco Dining Adventure

San Francisco is as famous for its restaurants and food trends as it is for its Golden Gate Bridge and Cable Cars. Below is a specially curated list of favorite Bay Area restaurants recommended by local Orthopaedic colleagues.

Make your Reservation and go on a San Francisco Dining Adventure Saturday evening - June 2

MICHAEL MINA is the crowning jewel that captures the core of Michael's food philosophy: bold yet balanced flavors achieved through a combination of acidity, sweetness, spice and richness. At the helm, Executive Chef Raj Dixit draws upon global influences, showcasing the highest quality authentic and seasonal ingredients. 252 California Street, SF \$\$\$ 10 minute Lyft Ride www.michaelmina.net/restaurants/san-francisco-bay-area/michael-mina

Mina Test Kitchen serves as the research and development laboratory for James Beard Award-Winning Chef Michael Mina and his team of award winning chefs and beverage experts. The menu continually evolves and showcases a variety of different cuisines and techniques through a series of public "pop-up" dinners before potentially making their way onto other MINA Group restaurant menus nationwide. 2120 Greenwich Street, SF In 2017, dinner pricing - \$39 pp \$ 15 minute Lyft Ride www.michaelmina.net/restaurants/san-francisco-bay-area/minatestkitchen

Nightbird Restaurant experience the cuisine of an and coming new young chef, Kim Alter. Her cooking techniques draw out deep and layered flavors that are bold and balanced, evocative, and surprising, and, above all, delicious. This is savory, satisfying food. 330 Gough Street, SF \$\$\$ 10 minute Lyft Ride <http://www.nightbirdrestaurant.com/nightbird-restaurant/>

Hakasan - San Francisco a the swank Bay area outpost of Michelin-star chef Ho Chee Boon. Guests can expect a vibrant atmosphere while enjoying a contemporary take on Chinese dishes. Hakasan elevates dim sum to the fine dining realm. One Kearny Street, SF \$ 6 minute walk www.hakasan.com/locations/hakasan-san-francisco

La Mar delivers Peruvian cuisine influenced by the variety of ethnic backgrounds found throughout Peru. The blending of these cultures mixed with Peru's unusually large number of climate changes due to its many geological difference, combined with its unique, indigenous agriculture is what gives Peruvian cuisine its edge. Located on the Embarcadero near the Ferry Building with views of the Bay Bridge. Embarcadero Pier 1 1/2, SF \$\$\$ 12 minute Lyft Ride www.lamarsf.com

Slanted Door a Vietnamese-inspired restaurant located in the Ferry Building with views of the Bay Bridge. For every item on the menu, Executive Chef Charles Phan goes to the original source region of that item. He studies the traditional ingredients, flavors and techniques, then retreats to his Mission district test kitchen, where he and his team recreate the original using contemporary methods and the finest and freshest local ingredients. The finished product is a faithful reproduction of a world classic, modernized in subtle yet powerful ways. One Ferry Building #3, SF \$\$\$ 12 minute Lyft Ride <http://slanteddoor.com/>

Cotogna ('quince' in Italian). You can opt for a more formal dining experience at Quince Restaurant, Chef Michael Tusk's celebrated fine dining establishment or choose Cotogna, a more casual sister trattoria next door. Cotogna serves up a celebration of rustic Italian cuisine and offers a daily-changing menu of spit-roasted or grilled meats and fish, wood-oven pizzas and house-made pastas. 490 Pacific Avenue, SF \$ 12 minute Lyft Ride cotognasf.com

Rooh a gastronomical journey through contemporary Indian food and artisanal cocktails. They have traversed the length and breadth of the country to create distinct seasonal menus which will introduce you to unique Indian ingredients, combined with the very best of California produce. 333 Brannan Street, SF \$\$\$ 12 minute Lyft Ride <http://roohsf.com/>

Pabu brings forth a modern take on traditional Izakaya-style dining. This is a modern izakaya and sushi bar in downtown San Francisco. Located at the landmark San Francisco's Financial District, PABU combines rustic, old-world Japanese charm with modern, urban sophistication to create a dynamic, social dining experience. 101 California Street, SF \$\$\$ 10 minute Lyft Ride www.michaelmina.net/restaurants/san-francisco-bay-area/pabu

International Smoke explores global approaches to fire, grilling, and smoke to create flavorful dishes that bring communities together all around the world. Food is at the heart of community, and this Mina Group restaurant truly celebrates this. 301 Mission Street, SF \$\$\$ 10 min walk www.michaelmina.net/restaurants/san-francisco-bay-area/international-smoke

Souvla a Greek restaurant that has elevated "wallet" sandwiches to a high art. Inspired by casual souvlaki joints found throughout Greece. They rotisserie roast naturally-raised meats and wrap them in warm, fluffy pita bread with seasonal salads and Greek yogurt sauces. Their Greek fries have made a whole lot of "best fry" lists, and don't miss out on their frozen Greek yogurt served in the classic "NY Cup." 758 Valencia Street, San Francisco, CA 94110 \$ 8 minute Lyft Ride www.souvlasf.com

Dip Bistro is a casual eatery serving tasty French dip sandwiches made with slow-roasted meats (plus veggie options), artisan bread and organic vegetables, plus comfort food-inspired sides. Just a 10-minute walk to Coit Tower for views of the City. 1318 Grant Avenue, San Francisco, CA 94133 \$ 13 minute Lyft Ride www.dipbistro.com

Be Part of the Fun . . .

JOIN COA

Member Services:

Take advantage of the many COA member discounts

- Annual Meeting Discount
- QME Course Discount
- ABOS SAE Hours Complimentary
- Discounts with Affiliated Programs

Education:

- Category 1 CME Hours
- QME CME Hours
- Radiology CME Credits
- Fluoroscopy CME Credits
- ABOS Self Assessment Examination Hours
- Online CME/QME Courses
- Practice Management Webinars

White Papers/ Action Plans:

- Pre-op Testing
- Recovering Care Centers
- Concurrent/Overlapping Surgeries
- Other White Papers can be found at <http://coa.org/newspublications/white-papers/>

Professional Development/ Leadership Opportunities:

- Participate in a COA task force/committee
- Become part of COA's Board of Directors
- Be elected to the AAOS Board of Councilors
- Become a physician leader in your community
- Develop lines of communication with your local legislators

Health Policy:

- Help COA shape Health Policy at the State/Federal Level
- Get involved in COA's Political Action Committee
- Help us change Workers' Compensation Rules

To become a member or pay your dues
go to - www.coa.org - Click on Membership

Membership

Registration Form

Complete a separate registration form for each attendee.

Name: _____ Spouse/Family Member(if attending): _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ Email: _____

Early Registration ends March 31, 2018

COA Annual Meeting and QME Course Thursday May 31 – Sunday June 3, 2018

COA Meeting	Member		Non- Member		Resident/ Fellow	NP/PA		Faculty/ Speaker	CBones Meeting	Early	Late
	Early	Late	Early	Late		Early	Late				
Annual Meeting/QME Course/Resident Forum	\$540	\$640	\$740	\$840	\$0	\$280	\$330	\$0	CBones Member	\$200	\$250
QME Course only	\$300	\$350	\$400	\$450	\$0	\$150	\$200	\$0	CBones Non-Member	\$250	\$300
Annual Meeting only	\$450	\$550	\$550	\$600	\$0	\$250	\$300	\$0	CBones Reception	Comp	Comp
Resident Forum only	--	--	--	--	\$0	--	--	\$0	Practice Management Day (Friday)	\$100	\$100
ABOS SAE	\$0	\$0	\$50	\$50	\$0	--	--	\$0			

Subtotal: \$

Educational Sessions

Thursday, May 30 5:30 pm - 7:30 pm	Select Session
The Keys to Locking Out Lawsuits and Reducing Taxes Legally Mine - complimentary	
Friday, June 1 - 11:30 am - 2:00 pm	Select Session
Solo/Small Practice	
Large Group Practices	
Employed Physicians	

Saturday, June 2 7:00 am - 7:30 am	Select Session
New and Novel Approaches to Osteoarthritis of the Knee - Flexion - complimentary	

Social Activities

	Tickets	Total
Spouse Lunch Tickets - Thursday, Friday, & Saturday (1 ticket per day) \$42 per ticket		\$
Spouse Lunch - Exploring Mushrooms —Friday, June 1—1:00 pm — \$60 per person		\$
Presidential Wine & Cheese Reception - Friday, June 1 — 6:00 pm (2 tickets included Registration) Additional tickets: \$65 pp		\$
Spouse Welcome Breakfast—Saturday, June 2—8:30 am—Complimentary *Reservation Required*		\$

TOTAL: \$

Payment Information:

Debit/Credit Card # _____ Expiration Date: ____ / ____ Security Code: _____
 Signature: _____

916-454-9884

916-454-9882

admin@coa.org

1246 P Street Sacramento, CA

Make your hotel reservations directly with the San Francisco Marriott Marquis on-line at annualmeeting.coa.org or

by calling the San Francisco Marriott Marquis at (877) 622-3056.

COA Registration Cancellation Policy: Prior to 3/31/18 subject to a \$50 cancellation fee. No refunds after 3/31/18.

California Orthopaedic Association
1246 P Street
Sacramento, CA 95814

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Next Steps

- 1** Register for the Meeting
Save \$100 early registration for the entire conference
- 2** Make Your Hotel Reservation
by calling **877-622-3056**
- 3** Get Ready to Enjoy an
Incredible City Experience