

CALIFORNIA ORTHOPAEDIC
ASSOCIATION
and
CBONES

2020

ANNUAL MEETING
and
QME Course
On-Line Virtual Course

Ronald Navarro, M.D., President
Michael Hall, M.D., Program Chair

CME ACCREDITATION

CME CONTINUING EDUCATION & PROGRAM COMMITTEE

Ronald Navarro, M.D., COA President

Michael P. Hall, M.D., Annual Meeting Program Chair

Diane Przepiorski, CME Coordinator

Kristy Schrimsher, Program Coordinator

ACCREDITATION STATEMENT

The California Orthopaedic Association is accredited by the California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The California Orthopaedic Association designates this live activity for a maximum of **15 AMA PRA Category 1 Credit(s)[™]**. Physicians should only claim credit commensurate with the extent of their participation in the activity. The California Orthopaedic Association takes responsibility for the content, quality, and scientific integrity of this CME activity.

RADIATION SAFETY

10 credits of the Category 1 CME credits qualify for radiation safety hours to meet the Radiologic Health Branch CME requirements in fluoroscopy and radiation safety.

ABOS MOC CREDITS

10 credits of the Category 1 CME credits qualify for ABOS MOC scored and recorded Self-Assessment Examination credits. **You must take a post test to receive the credits.**

QME CME CREDITS

The QME Course is accredited for **6 hours of Qualified Medical Evaluator (QME) CME credit hours**. COA is provider #100.

TARGET AUDIENCE

This program has been designed for the general orthopaedic surgeon and other members of the orthopaedic health care team to instruct them in the latest research in Stem Cell/Progenitor Cell Treatments and Cannabis & CBD in Orthopaedics and hot topics in: Sports Medicine, Arthroplasty, Trauma, Foot and Ankle, Elbow, and Shoulder. The QME course will update Qualified Medical Evaluators/Agreed Medical Evaluators on the changes to the Medical-Legal Fee Schedule and new disability evaluation issues and apportionment issues.

EDUCATIONAL OBJECTIVES

- * Evaluate whether Cannabis and CBD oil are right for your arthritic patients.
- * Understand the hot topics in: Sports Medicine, Arthroplasty, Trauma, Foot and Ankle, Elbow, and Shoulder.
- * Enable attendees to rethink their business mindset to deliver orthopaedic value in their practice.
- * Help QMEs/AMEs understand the new changes in disability evaluations and Medical-Legal Fee Schedule.
- * Labor law changes that affect all employers.
- * State Legislative Update affecting Orthopaedic surgeons and their patients.
- * Learn about the newest orthopaedic technology that will improve clinical treatment options.

This activity is in compliance with California AB 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language.


DISCLOSURE – CONFLICTS OF INTEREST

Faculty	Company of Commercial Interest	Financial Relationship / Role
Saul Allweiss, Esq.	Schools Insurance Authority	Financial Payment / Consultant
Lesley Anderson, M.D.	Trainer Rx	Stockholder / Consultant
Evan Argintar, M.D.	Arthrex	Consultant
Michael Banffy, M.D.	Stryker Endoscopy, Vericel Corp. Smith & Nephew	Financial Payment / Consultant
Julius Bishop, M.D.	Innomed Stryker AO Trauma	Royalties / Product Sales Financial Payment / Consultant/ Honoraria / Teacher
Joseph Bosco, M.D.	Genovel Proventus	Stockholder Stockholder
Timothy Charlton, M.D.	Extremity Medical	Consultant
George Dyer, M.D.	Depuy Synthes/Stryker	Institutional Support
David Friscia, M.D.	Treace Medical	Financial Payment / Teaching
Mark Froimson, M.D.	Pacira Bioscience SINTX Wellbe Osso VR Indago	Board Stipend and Equity / Board or committee member Board Stipend and Equity / Board or committee member Financial Payment / Consultant Equity / Advisor Equity / Board or committee mem- ber
Lawrence Higgins, M.D. MBA	Arthrex, Inc.	Salary / VP
Leah Houston, M.D.	HPEC, Inc.	Company Stock / CEO
Jonathan Kaplan, M.D.	Wright Medical	Financial Payment / Consultant
	Medline	Financial Payment / Consultant
Ronald Navarro, M.D.	American Board of Orthopaedic Surgery American Orthopaedic Association American Shoulder and Elbow Surgeons	Board or committee member
John Scolaro, M.D.	Stryker/Zimmer	Financial Payment / Consultant
Thomas Vail, M.D.	DePuy	Travel and Payment / Design and Consulting
Other Faculty Members Declared No Conflicts		

QME COURSE

	Course Moderators: Peter Mandell, M.D. Richard Braun, M.D.	Accredited for 6 QME CME Hours
	Medical-Legal Fee Schedule--What's Changing?	Basil Besh, M.D. Saul Allweiss, Esq. Allweiss, McMurtry & Mitchell
	Apportionment Issues: Upper Extremity	Richard Braun, M.D.
	Quality Reports The Worst Mistakes We See in QME/AME Reports and How to Correct Them How Judges Are Providing Feedback to DWC	Honorable Judge Robert Rassp Presiding Workers' Compensation Administrative Law Judge, Los Angeles District
	Contributory Factors to Disability & Impairment Diabetes (Diabetes and Obesity) Genetic Causes of Spinal Impairment Factors in the Upper Extremity Obesity—Spine and Lower Extremity Science vs. the Law	Larry Dodge, M.D. Richard Braun, M.D. Peter Mandell, M.D. Honorable Judge Robert Rassp
	Wounded Workers: Beat Up & Fought Over The Overlap Between a Psych & Musculoskeletal Evaluation	Robert Larsen, M.D. Psychiatrist
	Functional Capacity Evaluations & Functional Restoration Programs Their Strengths and Weaknesses	Rachael Feinberg, PT, DPT Feinberg Medical Group
	Adjournment of QME Course Practice Management Session	
	Know Your Rights—URAC Accredited UR Companies	Karen Watts, RN, VP Accrediting and Client Services URAC
	Workers' Compensation—Update on Billing/Coding Issues	Sarah Moray DaisyBill

CBones ANNUAL MEETING

		Terrie Sepulveda President
	HR Topic: Employee Retention & Satisfaction	Constance Moonzwe, MHA R.S.M.C. Services
	Financial 101: Physician Financial Literacy	Renick Perry, CPA Paragon Business Advisors
	Risk Management: Service Animals in Your Medical Practice	Cynthia Mayhan, RN, BSN, PHN Cooperative of American Physicians
	Compliance: When the OIG Comes Knocking. Will your Practice Survive?	Sean Weiss, CHC, CEMA, CMCO, CPMA, CPC-P, CMPE, CPC <i>Doctors Management, LLC</i>
	Billing: Payor changes that affect your bottom line	Sean Weiss, CHC, CEMA, CMCO, CPMA, CPC-P, CMPE, CPC <i>Doctors Management, LLC</i>

ANNUAL MEETING—PRACTICE MANAGEMENT

		Michael Hall, M.D.	Program Chair
	Medicate Update CMS Medicare 2020 Physician Fee Schedule		Cheryl Bradley, CMA, Associate Director, Center for Economic Services
	Appropriate Use Criteria: Advanced Diagnostic Imaging How Will These New Criteria Affect Ortho Patients?		Tye Ouzounian, M.D.
	New Technologies to Manage Patient Care Post-Surgical Rehab - How to Get the Best Results Artificial Empathy (AE) not Artificial Intelligence (AI) Marketing with Social Media Use of Scribes—Models Working in Orthopaedic Practices		Moderator: Nicholas Colyvas, M.D. Lesley Anderson, M.D. Sarah Ulqoc, FORCE Jonathan Kaplan, M.D. Nicholas Colyvas, M.D.
	Cutting Edge in Orthopaedic Practice Private Equity Takeovers		Jay Pruzansky Merritt Healthcare Advisors
	Block Chain for MDs		Leah Houston, M.D. Founder of HPEC
	Future of ASCs How ASCs are Changing		Basil Besh, M.D.
	Resident Award Papers * Orthopaedic Institute for Children Resident Award * J. Harold LaBriola, M.D. Resident Award * Lloyd W. Taylor, M.D. Resident Award * OREF Award and Presentation		Howard Young Park, M.D. — UCLA Augustine Saiz, M.D.—UC Davis Trevor Shelton, M.D.—UC Davis John Garlich, M.D.—Cedars-Sinai

ANNUAL MEETING — PRACTICE MANAGEMENT

	Presidential Leadership Symposium How to Rethink Your Business Mindset to Deliver Orthopaedic Value in California	Moderator: Ronald Navarro, M.D.
	Investment Perspective	Mark Froimson, M.D., MBA Riverside Health Advisors
	Entrepreneur Perspective Blow out your knee? —Hope your surgeon's got a VR	Danny Goel, M.D., CEO Precision OS
	Retail Perspective	Marcus Osborne, Vice President Health & Wellness Transformation
	Industry Perspective	Lawrence Higgins, M.D., VPS Strategic Development—Arthrex
	ABOS Update 2020	Thomas (Tad) Vail, M.D., UCSF
	Practice Survival for an Orthopaedic Practice During COVID-19 Safety Policies and Procedures for Patients California Employment Considerations During Temporary Shutdowns Due to Coronavirus Finding Cash Practice Management Survival Techniques	Ray Raven, M.D., MHCI, MBA Basil Besh, M.D. Chris Bell, CPA, Moss Adams Tom Grogan, M.D. Lesley Anderson, M.D. Ronald Navarro, M.D.
	Fluoroscopy Radiation Safety Mini Fluoro is Lower Radiation No Need for Lead Protection, Right? Wrong! Ways to Minimize Radiation Exposure	Isabel Newton, M.D., Ph.D., UC San Diego
	2020 and the AAOS	Joseph Bosco, M.D. Vice President, AAOS
	Legislative Update—Affecting Orthopaedic Practice Top 3 Things Happening in Sacramento Labor Laws Affecting Your Practice - Don't be caught out of compliance	Kim Stone, JD Stone Advocacy, COA Lobbyist Alexis D. James, Esq WorkWise Law, PC

ANNUAL MEETING—CLINICAL DAY 1: HOT TOPICS

	Donn Fassero, M.D. Wellness Educational Series Physician Burnout and Well-Being	Urmi Patel, PsyD Sutter Health Care System
	Presidential Guest Speaker The ACL: What I Have Learned in 30 Years	Freddie Fu, M.D. University of Pennsylvania Medical Center
	What's New in Sports Medicine? Hip Arthroscopy - Where We are in 2020 In Office/Nano Arthroscopy MOON - What We Learned About ACLR Outcomes at 10 Years	Moderator: Michael Banffy, M.D. Brett Shore, M.D. Evan Argintar, M.D. Kurt Spindler, M.D.
	Hot Topic Cannabis & CBD in Orthopaedics	Jeffrey Hergenrather, M.D.
	What's New in Arthroplasty? Kinematic TKA—Why it Works Robotic TKA/THA—What's New? 2020 Outpatient Total Joint / Registry Update	Moderator: Nithin Reddy, M.D. Kamran Sadr, M.D. John Tiberi, M.D. Nithin Reddy, M.D.
	Sessions not accredited for CME Hours Resident Symposium Fundamentals of Starting and Continuing a Successful Practice	Orrin Franko, M.D.
	Convatec Consensus Guidelines for Infections in Orthopedics Optimizing Outcomes in Outpatient Total Joint Arthroplasty Pacira Biosciences Cryoanalgesia as a Part of a Multimodal Solution to Manage TKA Pain Orthalign Hand-Held Technology Solutions for UKA, TKA and THA Medtronic Transformative Solutions Optimizing Outpatient Total Knees: Rapid Rehabilitation and Tourniquet-Free TKA	Alexander Sah, M.D. Mark Schultzel, M.D. Vinod Dasa, M.D. Alexander Sah, M.D. Alexander Sah, M.D.

ANNUAL MEETING—CLINICAL DAY 2: HOT TOPICS

	Employer to Provider Contracting: How Does It Really Happen?	Jack Bert, M.D.
	What's New in Trauma? WLA Trauma Article Review What's New in Femoral Neck Fractures Pain Management in Acute Musculoskeletal Injury Proximal and Distal Fractures	Moderator: Mark Vrahas, M.D. John A. Scolaro, M.D. Carol Lin, M.D. Emily Benson, M.D. Julius Bishop, M.D.
	The Foot and Ankle Great Debates Continue: <i>The Final Episode</i> The Perfect Bunionectomy for Moderate Deformity? 1. <i>Minimal Incision</i> 2. <i>Lapidus</i> 3. <i>Opening Wedge Osteotomy</i> The Role of Platelet Rich Plasma in the Foot and Ankle 1. Is it a Viable Option? 2. Is it Better Than Placebo? Lisfranc Injuries 1. Fix 2. Fuse	Moderator: Glenn Pfeffer, M.D. Jonathan Kaplan, M.D. David Friscia, M.D. Glenn Pfeffer, M.D. Eric Ferkel, M.D. Thomas (Tad) Kreman, M.D. Timothy Charlton, M.D. David Lee, M.D.
	What's New in Elbow? Elbow Fractures in the Elderly: Fixating not Replacing	Moderator: Marc Trzeciak, DO George Dyer, M.D. Thomas Varecka, M.D. Peter Evans, M.D. PhD
	What's New in Shoulder? Surgery For First Time Dislocator Common Modes of Reverse Arthroplasty Failure - How to Avoid and What to Do About it Non-Arthroplasty Options for Massive Rotator Cuff Tears	Moderator: Michael Hall, M.D. Evan Lederman, M.D. John Itamura, M.D. Anshu Singh, M.D.